

GSSA Division 2 & 4 Championships
Warm Up Schedule

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7:00-7:25	MKS	MKS	MKS/CMS!	BGCN	BGCN	BGCN
7:25-7:50	NCC	NCC	NCC/JRS	JRS	JRS	GST
7:50-8:15	SBGC	SBGC	SBGC/TUFT	NSTC	NSTC	BAB
8:15-8:40	WST	WST	WST	CS	CS	CTS

warm up based on 17 swimmers per lane
25 minutes per warmup.